

## Arts Therapy and the NDIS Update July 2025

### Information for NDIS Planners and Local Area Co-ordinators

Arts Therapists are university-trained allied health clinicians who help participants on the NDIS with therapy support. Professional Creative Arts Therapists (masters level trained) and Tier level Practising Members (graduate/post graduate level trained) provide NDIS participants with Improved Daily Living Therapeutic Supports.

Arts Therapy is funded under the NDIS. It must be undertaken by an Arts Therapist, registered with ANZACATA. The Therapist will work with the participant to make a plan, conduct sessions in accordance with the goals of the participant and report to the NDIA on progress with the participant in reaching their goals.

***This has been accepted by the NDIA for a decade and nothing has changed.***

Professional Members use the specific line item for Art Therapy Support and Tier level members use 'other therapy'. Both are practising members of ANZACATA.

|                 |                                                                    |      |          |          |          |
|-----------------|--------------------------------------------------------------------|------|----------|----------|----------|
| 15_056_0128_1_3 | Assessment Recommendation Therapy or Training - Other Professional | Hour | \$193.99 | \$271.59 | \$290.99 |
| 15_610_0128_1_3 | Assessment Recommendation Therapy or Training - Art Therapist      | Hour | \$193.99 | \$271.59 | \$290.99 |

The NDIA is currently reviewing this arrangement with Professor Stephen Duckett so other changes may occur later in the year, but for now the new Pricing Guide is clear: Art Therapy is a funded NDIS Therapy Support.

The NDIA has committed to making the results of the Duckett Review public and has stated clearly that in the meantime, nothing has changed for Art Therapy and it remains on the NDIS as a therapy support at the current NDIA mandated rate of \$193.99 per hour for therapy, regardless of if Art Therapy is a stated support or not. There has been some confusion, but ANZACATA wants all plan managers and support co-ordinators to know that nothing has changed and Art Therapy may be used by participants, in current plans and in new plans and ANZACATA therapists may claim for their work as therapy at \$193.99 per hour for individual sessions.

This fact is reiterated by the NDIA on its own website [here](#) where it clearly states

***Until the new operational guidance is published later this year there are no changes to the status of music and art therapy as NDIS supports.***

Currently we have no date for the Duckett Review findings to be reviewed by the NDIA, therefore the status quo is likely to remain for several months - Art Therapy will remain a Therapy Support.

Correct at June 20<sup>th</sup>, 2025, contact [ceo@anzacata.org](mailto:ceo@anzacata.org)

